SUNDAY | MAY 24
Registration Open: 9:30AM
Start Time: 10:30AM
Register by May 1st for a free t-shirt!

Proctor Academy
204 Main Street | Andover, NH
Event Details

WHEN:
Sunday, May 24th 2020

TIME:
9:30am: Registration Open
10:00am: Children’s Fun Run
10:30am: 5k Color Run & Wellness 5k

WHERE:
• Field House, Proctor Academy
• Registration in the Athletic Training Room
• Parking is located at the Field House only

COST:
$15.00 per runner/walker.
$35.00 per family (if more than 3 people participating).
Free Children’s Fun Run
Race Fee is NON-Refundable

Visit the Proctor “On Your Marks” Wellness 5K Road Race and Fitness Walk registration page for more details:
proctoracademy.org/5k

Waiver and Release of Liability Form MUST be read and returned to participate.

THE COURSE:
3.1 mile scenic loop on Proctor campus. The course, which has been measured with a wheel, is a fun and challenging trail run through the Proctor campus and ski area. This course might not be suitable for strollers, but is safe for all ages.

AWARDS:
Awards will be given to top finishers within each age category.

AGE CATEGORIES:
-13 / 14-19 / 20-29 / 30-39 / 40-49 / 50-59 / 60+

ADDITIONAL INFORMATION:
Professional timing using a computer connected to a timer for timing and scoring.

PURPOSE:
Promote, enhance, and raise consciousness concerning health and wellness amongst members of the Proctor community.

SPONSORSHIP:
Sponsorship opportunities are available to businesses and individuals who would like to support. Contact Kelly Griffin-Brown at Griffinbrownke@proctoracademy.org.

Registration Form

Mailing Address:
PO BOX 500 | Andover, NH 03216
(603) 735-6677

Email completed form to griffinbrownke@proctoracademy.org

Last Name: ___________________________ First Name: ___________________________
Address: _____________________________ State: ______________ Zip: _________________
Home Phone: _________________________ Email: _____________________________
Number of people attending: _________ Age on Race Day: ______________ Gender: __________
Shirt Size: XS S M L XL XXL (Register by May 1st for a free t-shirt!)
Additional Donation: $ ______________
# of Children participating in the Fun Run: __________

☐ Registration for 5K/Fitness Walk (REQUIRED)
$15 per runner/walker OR select the discounted FAMILY registration rate (for 3+ runners/walkers) below at a $35 flat fee.
# of People: __________ $15.00 per person

☐ Family Registration for 5K/Fitness Walk (REQUIRED)
Family registration flat rate of $35.00 per family (if more than 3 people are participating)

Waiver and Release of Liability (MUST BE READ, SIGNED AND RETURNED TO PARTICIPATE)
I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of weather (including high heat and/or humidity), traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Proctor Academy, The Trustees of Proctor Academy, and its agents, employees, officers, sponsors and successors from all claims or liabilities of any kind arising out of my participation in this event. I give my full permission to use my likeness in all media, photo, recording or other record of this event for any legitimate purpose. I understand that bicycles, roller skates or blades, and dogs, unless they are assisting a disabled participant, are not allowed in the race and I will abide by this guideline. In the unlikely event the race is cancelled, all fees will be considered donations to the Proctor Academy. I have read the entry information provided and certify my compliance by my signature below.

Signature and Date: ___________________ Signature of Parent if under 18 years of age ______